

# COMMUNITY CARES

TCAC AmeriCorps Newsletter — September 2022

## Make A Wave 22-23

This program year was welcomed in by starting our wave in Cookeville, TN at the Member Orientation and Site Supervisor Training. Members came in from all across the state of Tennessee! Members and Supervisors alike learned about the unique things everyone has the ability to do. Of all the individuals who were able to attend we heard and learned what other service sites do within our great state. It was a fun couple of days getting to know new and returning members a little better. We found out the site supervisor from Memphis Housing Authority has designed and can make clothes.

“Challenges are gifts that force us to search for a new center of gravity. Don’t fight them. Just find a new way to stand.”  
- Oprah Winfrey

Everyone also learned that Narrow Ridge Earth Literacy center has a respectable natural burial reserve and everything that goes along with preserving, making sure it’s affordable and available for all. Within all of these learning experiences the ultimate one, is to go out into the areas we serve and make waves! Each member learned how to better serve their communities and how to better report them within their term of service.

### In this issue:

- Make A Wave
- What's Next?: I just started my new term of service.
- Voices from the Corps
- It's September!
- Just for Fun: Outlander



**September!** — Congratulations! You’ve just began a new term of service with the Community Cares AmeriCorps program. After pre-service training, you may be asking yourself, what’s next?

It's September! Which means, you are on a maiden voyage of AmeriCorps service! Congratulations to you, and give yourself a pat on the back! You joined a legacy! AmeriCorps was built to not only serve Americans, but to launch you into a career with the valuable skillsets and experiences you will have in service.

You will always want to stay connected with AmeriCorps program staff, as well as your site supervisor(s)! Staying in communication not only enhances your experience, but also helps you stay on track to complete your hours. Completing your AmeriCorps service hours should be about a number 2 on your priority list, with number 1 being serving your beneficiaries.

Lastly, stay informed and keep up with any information that comes through on your My AmeriCorps portal. Remember, at the end of successfully completing your term of service this is how you will access your Education Award. Keep up with your log-in info!

# VOICES

from  
the  
Corps

## SERVICE LOCATION SPOTLIGHT

### Newport Housing Authority

In the second to last week in July, TCAC AmeriCorps staff 'Rolled in the bus,' for the Volunteer Tennessee board visit. We gathered at Newport Housing Authority (NHA) for their BACK TO SCHOOL Block Party!, where 3 Community Cares mem-



bers have served, Kaylan, Amanda, & Denise. During the block party anyone from the community could come and have anything FREE of charge. They could grab a backpack for their children, get clothing, food, and even visit with a dinosaur!

NHAs Executive Director, Walter Cole, took us all on a tour of their facilities and gave us details about what NHA has done for their community and will continue to do.

During Amanda's service term, she partnered with a non-profit who gathered prom dresses & formal menswear for those in need, starting the program titled "the Great 'PROM'ise." Amanda was able to help individuals go to prom who were originally not going to go. The Great PROMise helped individuals with haircuts, hairstyles, make up, manicures & pedicures, as well as the clothing, shoes and accessories.

During Kaylan's term of service, she has helped to create a bedroom remodeling program for youth residents at NHA. Each child could "Color Your Dream" by coloring a picture of what they want their bedroom to look like, enter it for the drawing, and if selected their bedroom receives their dream makeover. Mr. Cole admits, "seeing the smiles on their faces and the happiness from their parents is enough to make us continue this program until all youth bedrooms have had a remodel."



During Denise's term, she has helped the many elderly residents within NHA & their Rhea-Mims apartment complex. She has made it possible that not a single one of them goes without meals and that they're checked-in on to make sure they're are doing as well as possible in their environment.

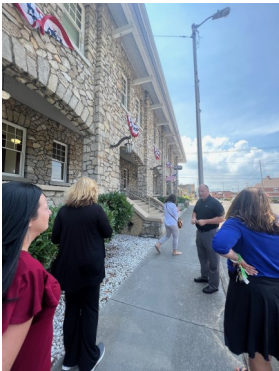


Pictured bottom-left, Walter Cole, Newport Housing's Executive Director started as an officer and maintenance team lead. He wanted to show residents there was nothing to fear when he showed up for their 30 day cleanliness visits. "How nice is it to come with something *free* in-hand to give to residents when I came in for that cleanliness visit." Another way Mr. Cole has cultivated kindness to the residents is to make free pet vaccination clinics available. This helps to maintain pets in housing and to ensure all residents with pets are following the simple rules of having pets in housing.



Newport Housing has also added a pantry to their community activities by throwing a pot luck once a month and bingo once a week with resident council. They include information in the community newsletter when residents can come get items in the pantry completely free– once a month.

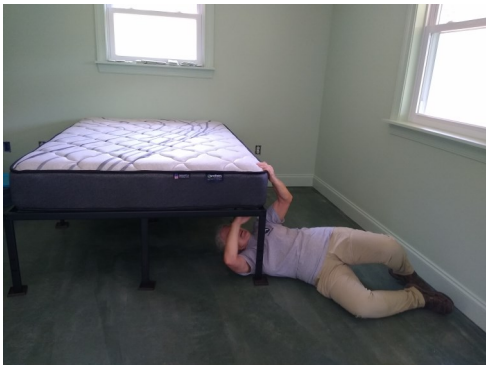
In closing, the plan to open another boutique to aid residents with free clothing. Residents hope it gets named Kaylan’s Corner for the compassion she shows to each and every one of them.



## NARROW RIDGE EARTH LITERACY CENTER

Narrow Ridge Earth Literacy Center’s mission is designed around the premise that immersion in nature combined with direct experience in a simpler, more sustainable way of living inspires inner and outer transformation. They immerse those young and young at heart in programs related to sustainable living where they teach individuals about organic gardening and food preservation, ‘green cemeteries’ and economic lodging.

Among the many things Narrow Ridge does, they have given individuals the ability to not only vacate there but to move there and live out their days the most efficient way possible. Below are two photos of their AmeriCorps member Martha helping a new resident move in. Martha has gone from helping them unpack boxes, helping them get comfortable in their new home, to putting together bedframes. An interesting thing about the sustainable homes, they use a multitude of materials such as: straw bale, reclaimed materials, solar or wind energy, passive solar design, composting toilets, on-demand water heaters, rainwater collection and energy efficiency.



## TCAC Info

### Come Shop with Us!

TCAC Depot is your community discount store, located in Morristown, TN. We offer a wide variety of merchandise such as: apparel, housewares, electronics and more (even kitchen sinks!) stop by today!



# IN THE MONTH OF SEPTEMBER

**Monday, September 5th—** (We understand this is a holiday, documents will be expected on the 6th.)

Members! Your Beneficiary **PRE** Surveys are **DUE**. Submit them — signed/completed versions to [americorps@tcac1.org](mailto:americorps@tcac1.org) or [tcacamericorps@gmail.com](mailto:tcacamericorps@gmail.com) via scan/email.

In Kind logs for the month of August are DUE.

Volunteer loggings for the month of August should be complete.

**\*If you have not notified me about not having these documents for any reason, I will contact you and your site supervisor and further actions will be discussed!\***

**Monday, September 5th—**

Labor Day Holiday—if your service location is closed, do not report for service.

**Wednesday, September 7th —**

Member Monthly Check-In; this is held via Zoom. It will begin at 10:00AM EST [9:00AM CST].

This is a 30 minute session to discuss things that you have questions on or anything you will like to sit & chat about. Remember, this is for you!

**Sunday, September 11th—**

9/11 Day of Service & Remembrance—The very first service day of the year. You have the option to complete this service day either Sunday or Monday to earn credit for it. Material and information will be sent closer to the date. **\*Reminder: if you participate in an in-person activity wear your AC gear and take pictures!**

**Thursday, September 22nd—**

Second scheduled AmeriCorps member training — TBA

## AUGUST & SEPTEMBER BIRTHDAYS

A great big Happy Birthday &  
Belated Birthdays to the following  
members —

8/20

Tracy Grigsby

Serving at Dickson Housing Authority

8/17

Martha Pierce

Serving at Narrow Ridge Earth  
Literacy Center

9/19

Kaitlyn Booth

Serving at A Place to Stay

HAPPY  
BIRTHDAY

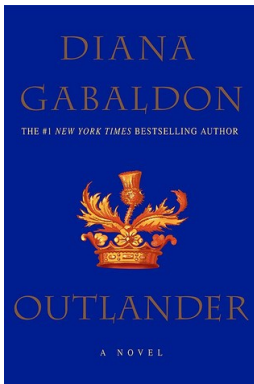


September

AKA A MONTH OF CHANGE AND TRANSITION

# JUST FOR FUN!

## Outlander — The fictional world of Jamie Fraser and Claire Beauchamp (Spoilers)



The Novel that started it all, by female author Diana Gabaldon. Her adventurous and at-times scandalous books have made all different genres of book-lovers meet in one place. These stories entwine historical fiction, romance, mystery, adventure, and even science fiction and fantasy. Statistically while most men enjoy war shows and interesting science fiction, and most women enjoy romance and mystery this book series and show, combines ALL of that into one. In a total of 14 books that all have a page range of anywhere between 650 to 1500 you learn the stories of each character, but especially the stories of the main protagonists Claire and Jamie Fraser. Thanks to Diana, we get to divulge and feast our eyes on her version of perfected characters. She had a major part in selecting the cast for the Starz network show to make sure they had the right chemistry, and fit her book descriptions.

About the Author—an excerpt from [dianagabaldon.com](http://dianagabaldon.com) Diana Gabaldon is the author of the award-winning, #1 NYT-bestselling OUTLANDER novels, described by Salon magazine as “the smartest historical sci-fi adventure-romance story ever written by a science Ph.D. with a background in scripting ‘Scrooge McDuck’ comics.” The adventure began in 1991 with the classic OUTLANDER (“historical fiction with a Moebius twist”), and has continued through eight more internationally bestselling novels in the series so far. These books feature the story of Claire Beauchamp Randall Fraser and Jamie Fraser, and include elements of time travel and lots of real Scottish and American history. Diana serves as a co-producer and advisor for the popular Outlander TV series, which is produced by the Starz network and Tall Ship Productions and distributed by Sony International. The show is an adaptation of her OUTLANDER series of novels. She has also written the scripts for several episodes and made a cameo appearance in the first season.



Meet the beautiful Claire Randall, Beauchamp, Mackenzie, Malcom, Fraser. This majestic woman does not take NO for an answer and will fight for love, every time. Claire is a 27 year old British army nurse and her husband, Frank Randall, is a history professor. Claire and Frank’s journey began in 1946 on a romantic late honeymoon in Scotland, until one night the city is sheathed in a torrential downpour knocking out all power. As her husband is walking back to their B.n.B, in the flashes of lightening he notices a figure of a man peering up at Claire as she brushes her hair by candlelight near a window. As any man would, concerned about this other man, Frank starts toward the man staring at his wife and asks who he is and what he’s doing, the man vanishes. Later, Claire and Frank visit the stones at *Craigh na Dun* — one day while Frank is busy reading through Scottish history, Claire visits the stones alone. She stands there in the center of the many stones in front of the largest one... she hears buzzing like millions of bees, presses her palms to the stone and suddenly she’s laying flat on her back staring up to the sky. She gathers her things as if she just dosed off and dreamt it all up, when she realizes her car is gone. She begins to run down and away from the stones and notices the paved road she drove in on has returned to just dirt. She runs toward the tree line and notices a man getting water from a spring, she recognizes this man as her husband, Frank... Only this man was wearing a 17th century English Red Coat, and didn’t go by the name of Frank...



Meet the handsome and ferocious Scot that will sweep you off your feet. *Literally...* James “Jamie” Alexander Malcom MacKenzie Fraser. Jamie, is a 22 year old warrior for the Scottish rebellion known as the Scottish Jacobites. Claire stumbles upon Clan MacKenzie meeting Jamie in the year 1743, injured and on a path to Laird Colum MacKenzie. With Claire’s nursing knowledge she was able to assess what Jamie’s injury was (what they thought was life-threatening) ended up just being a dislocated shoulder. Claire reset his arm, and asked Dougal MacKenzie if he would allow her safe passage with them back to her husband, boy was she wrong.. They instead “captured” her and asked her to be their *healer*. On this winding

Journey to Laird MacKenzie's estate, they stumble upon British spies and have to fight their way through to continue, remember the redcoat Claire saw? He's a sworn enemy of the Jacobites. Jamie is as rugged as they come born a MacKenzie through his mother's lineage, he is a nephew to Laird MacKenzie's brother, Dougal MacKenzie. We quickly learn that Dougal has a hidden agenda to "dethrone" his brother essentially in hopes to become the next King of Scotland — it would've taken a lot more than that just to win that ranking. Later, you see that there is more to Jamie's story than being a MacKenzie alone, you see he has more than one name... The name Fraser is from his father's side. This is the name he mostly carries throughout the show, however you'll notice one name can keep him alive, while the other has a target on it's back. His knowledge and skill gets him through some of the worst times, and Claire is there to always help him with her knowledge from the future.



If you're ready for an experience and a completely entertaining adventure, sit down, buckle up, grab some tissues and watch the show on Netflix or Starz! The show currently has a total of 6 seasons and they are currently filming the 7th. Netflix has a total of 5 seasons streaming currently, and Starz has all 6. Just a reminder, don't watch this show with young kids around, it is rated TV-MA. Content in the show can be gory, violent, and sexual.



Let me know if you watch it! Matter of fact, as of today I've created a discussion board for any thing and everything you want to send to us or share with one another. This "discussion board" should be located in your shared with me file. Titled "AmeriCorps Discussion Board." It is a Google Docs document, so it is similar to a word document.

Please, before you type anything in the discussion, type out your name. Do not erase anyone else's response, and do not copy/paste someone else's discussion post.

Ex.) Hayley Samples: Oh my goodness have you all seen the new episode of Outlander? It was soooo crazy I couldn't believe what happened in the first 5 minutes!!!